



## Stitch 110: Visible Mending with Sashiko & Boro

### Advanced Beginner

If you ever wondered, "How can I express my own unique style?" Consider mending as an option. Most likely, your favorite wardrobe items are in heavy rotation, which naturally results in wear and tear. This is where the art of visible mending comes in. As you layer your handmade stitches, the mending takes on a personality and creates a garment that is one of a kind. The act of mending a favorite garment can be a rewarding experience and it circumvents the fast fashion cycle of buying garments, wearing them for a little while and then throwing them out. All you need is a few supplies and some simple stitches. Remember, a hole is not the end of a garment – it is a chance to make something lovelier!

**Boro** is a traditional Japanese method of repair/reinforcement in which layers of scrap fabric are applied with a running stitch.

**Sashiko** is a traditional Japanese embroidery and visible mending technique using decorative running stitches to repair or reinforce fabric, often in geometric patterns with white thread on indigo cloth.

No experience necessary.

#### SUPPLY LIST FOR CLASS

- A pair of jeans or favorite garment that has holes or stains that need mending
  - Clothing **MUST** be clean! Dirty clothes will not be worked on.
- Scraps of similar weight fabric larger than the area that needs mending
  - Please bring options to choose from in class
- 1-2 skeins of Sashiko thread in the color of your choice
  - Please note that this is different than embroidery floss
- Sashiko needles

You will receive a 20% discount on your class supplies when you show your registration receipt.



## CLASS POLICIES

We look forward to seeing you in class! To ensure that your class experience is enjoyable and educational, please read the following policies.

If you have questions, please email Erin at [erin@pacificfabrics.com](mailto:erin@pacificfabrics.com).

Our elevator is available Tuesday through Friday 10:00 am - 2:30 pm only.

**Cancellations and Refunds:** Class fees are non-refundable unless the class is cancelled by the store. Classes may be cancelled if we do not have a minimum number of enrollments 48 hours prior to the beginning date of the class. You will be notified by phone if a class is cancelled, and your class fee will be refunded. Refunds are not given in the case of student cancellation, but if you have paid for a class and are unable to attend, you may send a friend in your place. Please tell us the name of the friend taking your place prior to class. If you are unable to send a friend in your place, your class fees will be forfeited. If you have questions or are unsure if you are registering for the correct class, please email Erin at [erin@pacificfabrics.com](mailto:erin@pacificfabrics.com).

**Supplies:** Unless otherwise noted in the class description, supplies are not included in the class fee. Please purchase class supplies in advance at our store. The Class Supply List is available online on the calendar item for each class. Please download and print the list when you register. You will receive a 20% discount on your class supplies when you show your registration receipt in store at the register while checking out.

**Sewing Machines:** If bringing your own machine, make sure your machine is in good working order, and you are familiar with using it before class. Let us know when you register if you would like to use a classroom machine.

**Children and Pets:** Children are not allowed in the classroom unless they are attending as a student in a class offered for children and may not be left unattended in the store

while you are in class. Pets are not allowed in the classroom or store, service animals are allowed while they are working.

**Recordings and Photos:** Photos, videos and/or recording are not allowed in classrooms without prior approval from the instructor.